

IN THE CLAIMS

Please amend the claims as follows:

1. (Original) A body temperature elevating agent which is comprised of medium chain fatty acid and/or glycerin fatty acid ester including the medium chain fatty acid as an active ingredient.
2. (Original) The body temperature elevating agent according to Claim 1, wherein a carbon number of fatty acid residues of the medium chain fatty acid and/or the glycerin fatty acid ester including the medium chain fatty acid is from 6 to 12.
3. (Previously amended) The body temperature elevating agent according to Claim 1, wherein the fatty acid is comprised of one or two or more selected from the group consisting of caproic acid, caprylic acid, capric acid, and lauric acid.
4. (Previously presented) The body temperature elevating agent according to Claim 1, wherein the medium chain fatty acid and/or the glycerin fatty acid ester including the medium chain fatty acid is comprised of medium chain triacylglycerol.
5. (Cancelled)
6. (Cancelled)
7. (Previously presented) The body temperature elevating agent according to claim 1, wherein further containing one or two or more selected from the group consisting of a highly unsaturated fatty acid or a fatty acid ester including this, conjugated linoleic acid or a fatty acid ester including this, capsaicins, thiazolidine dione derivatives, genus *Cirsium* plants, black five grains, and pituitary adenylate cyclase activation peptides.

8. (Previously presented) The body temperature elevating agent according to claim 1, wherein further containing one or two or more selected from the group consisting of vitamin B group, vitamin E, lecithin, minerals and herbs.

9. (Canceled)

10. (Canceled)

11. (Previously present) The body temperature elevating agent according to Claim 1, wherein further containing one or two or more selected from the group consisting of  $\gamma$ -linolenic acid, dihomo- $\gamma$ -linolenic acid, calcium, magnesium, zinc, iron, vitamin B6, vitamin E, St. John's wort and extracts thereof, safflower and extracts thereof, saffron and extracts thereof, and lemon balm and extracts thereof.

12. (Canceled)

13. (Original) A fat and oil composition for body temperature elevation, which is comprised of medium chain fatty acid and/or glycerin fatty acid ester including the medium chain fatty acid as an active ingredient.

14. (Canceled)

15. (Previously amended) A food and drink for body temperature elevation, wherein contains a fat and oil composition for body temperature elevation according to Claim 13.

Claims 16-21. (Canceled)

22. (Previously presented) An agent for poor blood circulation which is comprised of medium chain fatty acid and/or glycerin fatty acid ester including the medium chain fatty acid as an active ingredient.

23. (Previously presented) The agent for poor blood circulation according to Claim 22,

wherein a carbon number of fatty acid residues of the medium chain fatty acid and/or the glycerin fatty acid ester including the medium chain fatty acid is from 6 to 12.

24. (Previously presented) The agent for poor blood circulation according to Claim 22, wherein the fatty acid is comprised of one or two or more selected from the group consisting of caproic acid, caprylic acid, capric acid and lauric acid.

25. (Previously presented) The agent for poor blood circulation according to Claim 22, wherein the medium chain fatty acid and/or the glycerin fatty acid ester including the medium chain fatty acid is comprised of medium chain triacylglycerol.

26. (Previously presented) The agent for poor blood circulation according to Claim 22, further containing one or two or more selected from the group consisting of a highly unsaturated fatty acid or a fatty acid ester including this, conjugated linoleic acid or a fatty acid ester including this, capsaicins, thiazolidine dione derivatives, genus Cirsium plants, black five grains, and pituitary adenylate cyclase activation peptides.

27. (Previously presented) The agent for poor blood circulation according to Claim 22, further containing one or two or more selected from the group consisting of vitamin B group, vitamin E, lecithin, minerals and herbs.

28. (Previously presented) The agent for poor blood circulation according to Claim 22, further containing one or two or more selected from the group consisting of  $\gamma$ -linolenic acid, dihomo-  $\gamma$ -linolenic acid, calcium, magnesium, zinc, iron, vitamin B6, vitamin E, St. John's wort and extracts thereof, safflower and extracts thereof, saffron and extracts thereof, and lemon balm and extracts thereof.

29. (Previously presented) The agent for poor blood circulation according to Claim 22, wherein the agent intended for women's use.

30. (Previously presented) The fat and oil composition for body temperature elevation according to Claim 13, wherein the medium chain fatty acid and/or glycerin fatty acid ester including the medium chain fatty acid is comprised of medium chain triacylglycerol.

31. (Previously presented) The fat and oil composition for body temperature elevation according to Claim 13, wherein further containing one or two or more selected from the group consisting of a highly unsaturated fatty acid or a fatty acid ester including this, conjugated linoleic acid or a fatty acid ester including this, capsaicins, thiazolidine dione derivatives, genus *Cirsium* plants, black five grains, and pituitary adenylate cyclase activation peptides.

32. (Previously presented) The fat and oil composition for body temperature elevation according to Claim 13, wherein further containing one or two or more selected from the group consisting of  $\gamma$ -linolenic acid, dihome- $\gamma$ -linolenic acid, calcium, magnesium, zinc, iron, vitamin B6, vitamin E, St. John's wort and extracts thereof, safflower and extracts thereof, saffron and extracts thereof, and lemon balm and extracts thereof.

33. (Previously presented) A food and drink for body temperature elevation, wherein contains a fat and oil composition for body temperature elevation according to Claim 13.